7:00 pm - 7:30 pm **Call to Order and LEAP Business Meeting**

Executive Committee opening for Secretary – nominations from the floor and voting. Michele is elected and joins us!

Introduction to the LEAP Learning wiki. Please find it at <https://loudouneducationalliance.wikispaces.com/Welcome+%26+Getting+Started+Guide> and begin to contribute your questions and answers

Review of bylaws. Our bylaws require us to use Robert’s Rules of Orders. They are new to most people in the room. If there is a parliamentarian who would like to volunteer to help us with them, please step forward.

7:30 pm - 8:00 pm **Student Mental Health and Return to School - plus Incredible Resources**

Neil McNerney, licensed counselor, community leader, and author presented a wonderful presentation.

Information about free treatment options from the National Institute of Mental Health were handed out.

**Bio:** **NEIL MCNERNEY, M.ED., LPC**

Neil McNerney is a Licensed Counselor, Community Leader, & Author.

Neil provides trainings and seminars at the local, state, and national level on topics of parenting, family systems, and counseling techniques. He has provided keynote addresses at state conferences in Virginia and North Carolina.

Neil serves on the Loudoun County Community Services Board, which advises the County on mental health, substance abuse, and developmental services.

Neil has worked with children and families for over 25 years in private practice in Reston and Leesburg, VA. In addition, he serves on the faculty of the Virginia Tech Graduate School of Marriage and Family Therapy.

Neil lives in Loudoun County with his wife and children, Max 19 and Shannon 17.

The following handouts from the meeting are available on Google Drive: [https://drive.google.com/…/fol…/0B9dkdgKHAu2remg3d3V6aUg0ZVk](https://drive.google.com/drive/folders/0B9dkdgKHAu2remg3d3V6aUg0ZVk)

1. Neil McNerney's presentation on Student Mental Health and Return to School and related handouts, including a flyer about the video contest
2. Information about National Institutes for Mental Health free treatment options and research studies, including depression, ADHD, anxiety and mood disorder.
3. A You are not Alone e-book for depressed teens and a link to the study for which they are actively recruiting depressed teams: [https://www.nimh.nih.gov/…/publ…/teen-depression/index.shtml](https://www.nimh.nih.gov/health/publications/teen-depression/index.shtml)

8:00 pm - 8:45 pm **Improving LEAP Youth Mental Health and Suicide Prevention “Return to Learn” Recommendations**

Delegates from the floor have the option to form a sub-committee on this topic. Meeting participants will provide input to the recommendations, and the sub-committee can study the issue further and make bring recommendations back to the delegates at a future session

Delegates formed a sub-committee to expand LEAP’s work. They will work with the medical health community and other community stakeholders to make recommendations for moving forward. They will present their recommendations to us in the spring.

Important take-away – there is no LCPS policy for supporting students who return to school after absences related to a mental illness or trauma. LCPS has no guidance about what to expect because every student is different and every principal decides what is implemented at their school.

Delegates want a baseline policy even if includes general information. These mental health crises are very difficult times for families and any information that can be provided to us now – before we encounter a crisis – will help us learn more and feel more secure that some kind of plan will happen.